YORK REGION PROGRAMS AND SERVICES FOR HOME CHILD CARE PROVIDERS

York Region is here to support you in providing quality child care. York Region supports children, families, child care providers and the community in providing high-quality services so children have the best start in life and grow to become part of strong communities.

Visit <u>york.ca/children</u> to learn about children's services and programs that can help you deliver quality child care and help you create an accessible, high-quality and inclusive early learning environment. Some examples are included below.

Guides and resources

- A <u>Public Health Guide for Child Care Providers</u> with information on how to provide a safe and healthy environment for children in a child care setting
- The <u>Red Flags Guide</u>, which is quick reference tool to assist early years and health care professionals in knowing when and where to refer children from birth to the age of six years for whom there are potential health, growth and development concerns
- Nutrition for child care programs with resources such as:
 - o Menu Planning and Supportive Nutrition Environments in Child Care Settings Practical Guide
 - Menu and Nutrition Environments Self-Assessment Tool for Child Care Settings
 - Paint Your Plate with Vegetables and Fruit A Toolkit for Ontario Child Care Providers
 - Sample weekly menu planning forms including a four-week preschooler menu and a one week menu planning form for before and after school programs
 - Online learning modules
 - Workshops for groups of child care providers (minimum of 10 participants) including nutrition for children in child care settings, paint your plate with vegetable and fruit workshop and menu planning for healthy meals and schools

Tools and newsletters

- Sign up for the <u>Connections</u> quarterly e-newsletter for child care and early years professionals, which is filled with helpful information about programs and services, funding opportunities, best practices in child care and much more.
- Use the <u>Early Years Program Finder</u>, an online map for parents and caregivers to search for licensed child care centres, family drop-in programs and EarlyON Child and Family Centres in York Region.

York Region

CHILDREN'S SERVICES 1-877-464-9675 york.ca/children

Programs and services in the community

- <u>EarlyON Child and Family Centres</u>, which offer free drop-in programs for caregivers and children from birth to six years of age in Ontario. EarlyON centres are welcoming places where you and your child can
 - o Join fun activities reading, storytelling, sing-alongs, games and more
 - o Get advice from professionals trained in early childhood development
 - Find out about other family services in your community
 - o Connect with other families and caregivers with young children
- Through <u>Early Intervention Services</u>, children with special needs and their families and caregivers can access programs at home and in licensed child care settings, including licensed home child care