

Routines Based Model



Inclusion Support Services for Children from Birth to Age 13

Providing early intervention services in children's natural environments.

For children attending licensed child care settings who have special needs, York Region Inclusion Support Services offers a Routines-Based Model of service delivery.

WHAT IS ROUTINES-BASED INTERVENTION?

- It is intervention which engages children throughout their daily routines
- It focuses on supporting children's engagement, independence and social relationships
- Caregivers work together with an Early Interventionist to establish functional outcomes to enhance the child's participation and independence within the natural routines of the day
- Early Interventionists work with a child's natural caregivers – parents and early learning and child care professionals - to promote intervention in between visits

WHY USE THE MODEL?

- The Routines-Based Model is considered best practice in the field of early intervention
- The model offers more opportunities to practice skills since routines and activities naturally occur with some regularity
- The child's best "interventionists" are the adult caregivers with the child throughout the day every day
- Parents and other caregivers learn to maximize learning opportunities that occur every day
- Parents and early learning and child care professionals are the main source of support in a child's daily activities and routines

WHAT IS THE ROUTINES-BASED INTERVIEW (RBI)?

- A yearly RBI meeting will take place between an early learning and child care professional and an Early Interventionist
- The child's engagement, independence and social relationships in daily classroom routines will be discussed
- The family, with support from the Early Interventionist, can then choose the outcome areas they would like the team to work on and prioritize them
- The Early Interventionist works collaboratively with the child care team to develop strategies to meet those outcomes throughout the natural routines of the day
- Outcomes support the development of a child's social relationships, engagement and independence

WHAT ARE THE BENEFITS?

- Children can practice and reach outcomes naturally without changing daily routines
- Offers caregivers and early learning and child care professionals a more inclusive way to develop outcomes and strategies

Call the KIDS Line at **1-888-703-KIDS (5437)**
or visit york.ca/specialneeds for more information.

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The logo for York Region, featuring a stylized red and yellow starburst above the text "York Region" in a white serif font, all set against a red background with a yellow swoosh.