

TOGETHER, WE CAN BECOME



TRASH BLASTERS!

**YOU CAN HELP SUPPORT WASTE REDUCTION INITIATIVES
BY PACKING A LITTERLESS LUNCH!**

What is a litterless lunch?

A litterless lunch is one where everything in the lunch is reusable or compostable and nothing goes in the garbage. This includes using refillable drink containers and reuseable sandwich and snack containers.

WASTE MANAGEMENT

york.ca/waste


York Region

WHY GO LITTERLESS?

Healthier: Many prepackaged foods are processed foods high in sodium, fat, sugar and preservatives.

Better control: By using reusable packaging you have better control over portion sizes.

Cleaner: Unfinished food can be packed back into resealable containers, so they don't spill all over the lunch box on the journey back home.

Cheaper: Many snack items can be purchased at a lower cost if not prepackaged as single servings.

Flexible: If you are unable to finish a morning snack or drink, you can seal it up and save it for lunch or afternoon snack.

Great for the environment: By not using single-use, disposable items you will reduce the amount of waste being generated and resources wasted. There will be less food waste as it can be packed up and eaten later.

WHAT DO I NEED TO MAKE A LITTERLESS LUNCH?

