

## Sexual Consent Instructional Activities

### Ontario Health and Physical Education Curriculum

Meets the Ontario Health and Physical Education Curriculum expectations for Human Development and Sexual Health of the Healthy Living strand PPL 1O - C2.3

Developed with the York Region District School Board H & PE curriculum consultant

### Grade

Grade 7 to 12 students – content should be adapted by facilitator/teacher to meet the needs and developmental stage of the group

### Learner outcome

Students will demonstrate an understanding of sexual consent including influences of alcohol and drugs, age of sexual consent of consent and sexual assault

### Introduce the topic

Show the 3 ½ mins video introducing the concept of sexual consent - '[cycling through consent](#)'

### Activity 1-Two truths and a lie

#### Materials needed

Paper for each group

Canadian Centre of Child Protection's '[It is a Big Deal grade 9/10 Activity Book](#)' (one per group)

Technology to show 3 ½ mins video

#### Activity instructions

1. Discuss ground rules for the group – respect each other, no name calling, one person speaks at a time, confidential setting, cell phones away.
2. Students either self-select or instructor selects groups of 3 – 4 students
3. Introduce the activity of coming up with 2 truths and a lie. Provide an example such as 'coaches can shower with students'; 'students should respect each other's privacy'; 'it is



against the law to show someone a sexual image you receive' – ask the students to select statement is the lie?

4. Give each group an 'it is a big deal' booklet
5. Ask each group to come up with two truths and one lie about sexual consent based on pages 15 – 24 in the activity book. Give groups approx. 15 mins – offer help as needed
6. Have one group present their two truths and a lie to the rest of the groups. The other groups will try to determine which statements are true and which one is the lie. Encourage debate, students and instructor can use the booklet to determine the correct answers.
7. Each group presents then debates their statements

## Activity 2-3 Corners

### Materials needed

- Sign that says 'yes', a sign that says 'no' and a sign that says 'unsure'
- Three scenarios
- Canadian Centre of Child Protection's 'It is a Big Deal grade 9/10 Activity Book' for reference

### Activity instructions

1. Post each sign in three of the corners in the room.
2. Select three scenarios for discussion. Topics could include effects of alcohol and drugs, age of sexual consent, refusal skills, planning for no sex or safe sex and sexting.
3. Scenarios should reflect the age and developmental stages of the students. Scenarios can simply be a question, 'Can a 15 year give sexual consent?' The correct answer would be 'unsure' because it would depend on the circumstances.
4. Read one scenario out loud and ask students to go to the corner with the sign representing their answer.
5. Each answer is discussed and debated among the class.
6. Refer to the book for facts on sexual consent and to create scenarios or questions that are appropriate for the group.

