

Active Tools for Schools (ATS) Checklist and Prioritization Tool

The _____ committee wants our school to get more active and we need your help! Give us your comments – tell us what we are doing well and where we can improve using the checklist below. The topic areas listed in the first column are only a guide — add your comments wherever they fit. If you need more writing space, use the back of the page. Thank you for your input.

This is a quick assessment of our school's strengths and needs. It will help us set priorities as a school. Where can/should we spend more time and resources?

Physical activity behaviours and influences	What activities do you know about in the school now?	What activities could be done better?	How important is this topic to our school community? (please rank)	Do I have the time, resources and interest to devote to this topic?	Please summarize and prioritize here:
Active play					
Daily physical activity					



Active school travel					
Active fundraisers, celebrations and rewards					
Positive role modelling and reinforcement					

Other ideas worth sharing: _____



Adapted with permission from Creating a Healthy School Nutrition Environment (CHSNE) Health Unit Collaboration. 2007. Nutrition Tools for Schools© A Toolkit for Ontario Health Units to Support Elementary Schools in Creating a Healthy Nutrition Environment.