

# PLAY

Positive Leisure Activities for Youth

21-6035

# Free Recreation and Sport Programs

Build confidence, feel healthy, get fit,  
make friends and try something new!



[york.ca/children](https://york.ca/children)  
#StartswithkidsYR

**York Region**

## WHO'S ELIGIBLE

Children and youth ages 4 to 18 and single parents who receive:

- Ontario Works
- Ontario Disability Support Program
- Assistance for Children with Severe Disabilities
- Rent Subsidy
- Child Care Fee Subsidy (income below \$36,000)

## HOW TO APPLY

Call Access York at 877-464-9675 and ask about the PLAY program or visit [york.ca/recreationsubsidies](http://york.ca/recreationsubsidies) to apply online.

## SERVICES OFFERED

Participate in recreation programs at your local community centre such as:

- Arts and Crafts
- Dance
- Martial Arts
- Sports
- Swimming
- Yoga
- And much more!

Gym memberships and drop-in activities may also be available.

Call Access York at **1-877-464-9675** or visit [york.ca/recreationsubsidies](http://york.ca/recreationsubsidies) for more information.

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The logo for York Region, featuring a stylized white bird or star shape above the text "York Region" in a white serif font, all set against a dark blue background.